Workshop on Meditation and Ethics, July 7-9, 2022
at Hamburg University
The Hebrew University of Jerusalem and Hamburg University
A Project of the German-Israeli Foundation for Scientific Research and Development
With support by the Numata Center for Buddhist Studies at Hamburg University

Evaluating the Ethical Foundations of Buddhist Meditation

ZOOM-LINK: https://uni-hamburg.zoom.us/j/67191283438
All times below are given in German Local Time (UTC+2), 1 hour behind Israel Daylight Time
Venue: Universität Hamburg, Akademischer Senatssaal, Edmund-Siemers-Allee 1, Hauptgebäude

Thursday, July 7: Psychological Dimensions
Chair: Eviatar Shulman

15:00 Stefan Schmidt
Meditation as Research Method: A Neurophenomenological Approach with Experienced Meditators in the Study of Volitional Action

15.45 Ulrich Ott
Investigating Oneself with Buddhist Meditation: Possible Benefits and Risks

BREAK

17:00 Alexandra Anis Weil (zoom)
Literature Review: Towards the Integration of Ethics into the New Generation of Mindfulness-based Approaches

17:45 Statements and Final Discussion of the Psychological Dimension of the Project

Friday, July 8: Historical Dimensions
Chair: Michael Zimmermann

9:30 Roy Tzohar
How to Approach Emotions: Aśvaghoṣa’s Works as a Case Study, II

10:30 Sun Hao
Clear Conscience and Buddhist Meditation

BREAK
12:00  Eviatar Shulman
An Ethical meditation? The Brahmavihāra States in the Early Maps of the Path and the Pali Commentaries

LUNCH

Chair: Jowita Kramer

15:00  Aviran Bendavid
Diversity and Integration in the Moral Practice: Searching for the Model of sīla in the Early Discourses and the Pali Commentaries

16:00  Michael Zimmermann
On the Relation between Ethical Conduct and Meditation in the Bodhisattvabhūmi

Saturday, July 9: Present Dimensions and Final Discussion

Chair: Jens-Uwe Hartmann

9:30  Oren Hanner
Mindfulness Meditation and the Meaning of Life

10:30  George Dreyfus (zoom)
Mindfulness and the Good Life

BREAK

12:00  David McMahan
Making, Unmaking, and Discovering Buddhahood: Three Paradigms of the Relationship between Meditation and Ethics

13:00  FINAL DISCUSSION