

The program for Buddhist Studies at the Hebrew University invites the public to workshop on:

BEING MINDFUL OF MINDFULNESS

MONDAY MAY 13, 2019

MOUNT SCOPUS CAMPUS, MAIERSDORF CONFERENCE CENTER, ROOM 405

16:00 Gathering

16:15-17:45 **FIRST SESSION**

Opening Remarks: Dr. Eviatar Shulman, The Hebrew University,
Prof. Dr. Michael Zimmermann, Hamburg University

Georges Dreyfus, Williams College: *Is Mindfulness Buddhist?*

Nava Levit-Binnun, The Interdisciplinary Center Herzliya: *Maps of Mindfulness and the Ethics They Entail*

David McMahan, Franklin & Marshal College: *Meditation and Culture: Self-Cultivation, Context, and Social Imaginaries*

17:45-18:15 Break

18:15-20:45 **SECOND SESSION**

Ulrich Ott, Justus Liebig University Giessen: *How does Mindfulness Work?*

Maty Lieblich, CCME, Center for Compassionate Mindful Education: *Looking Deeply: The Ethical Horizon of Mindfulness-based Interventions*

Stefan Schmidt, University of Freiburg: *The Transference from Spiritual Mindfulness to Therapeutic Mindfulness*

Asaf Federman, The Interdisciplinary Center Herzliya: *Secular Mindfulness and the "Three Characteristics of Existence"*

Panel and Discussion: Buddhism in the Clinic

FOR REGISTRATION [CLICK HERE](#)

FOR QUESTIONS AND FURTHER INFORMATION: BUDDHISTSTUDIES@MAIL.HUJI.AC.IL